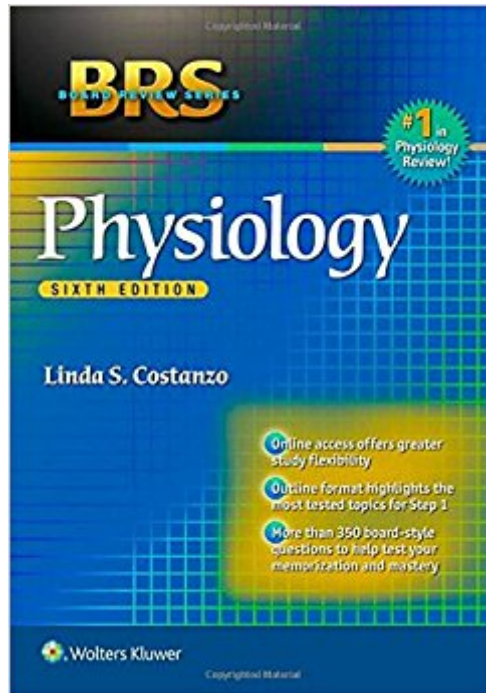


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# BRS Physiology (Board Review Series)



## Synopsis

**Publisher's Note:** Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Be prepared for the course and the Boards with BRS Physiology, Sixth Edition. This bestselling book provides over 350 USMLE-style questions with complete answers and explanations, chapter-ending exams and a comprehensive USMLE-format examination at the end of the book, and is enhanced by full-color illustrations and tables. Offered in both print and online formats, the book boosts confidence and provides maximum accessibility and portability for in-class or on-the-go learning. Maximize study time with the Board Review Series quick scan outline format. Prepare for the Boards with more than 350 USMLE-style questions and answers. Master core topics tested on the USMLE Step 1 exam with focused coverage of Key Physiology Topics and Key Physiology Equations. See the connection between physiology and clinical medicine through clinical correlations. Practice for the board examination using the comprehensive end-of-book exam. Master key facts and information with the book's full-color design, flow charts, illustrations, and tables that summarize information for convenient review. Online interactive quiz bank that includes all the book's questions for unlimited practice.

## Book Information

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## Customer Reviews

Buy the fifth edition of the book at a much lower cost. I checked the contents, there is only a six page addition to the new book which includes an addition of 1 or 2 questions being added in a few sections of the book. This is the policy of the publisher to mint money by just printing a new edition when in fact it is 99.99 % the same. I bought the latest edition of BRS Histology and Cell biology because there is a 50 page difference, which makes sense. So, if you already have the fifth edition of the book, stick to it unless you want to enrich the seller and if you have some special love for Dr Costanzo which I definitely have for the immense knowledge and concepts she gave us all for the difficult subject of Physiology.

Great for physio review while you're learning pathology as an MSII. When I read this during first year... things just didn't click as well because she does reference pathologic states while simultaneously reviewing/teaching physiology. Now that I have a better overview of pathology it's actually easier for me to re-learn & fill in physiology knowledge gaps. It's like a positive feedback cycle for me: general path knowledge --> better understanding of physio --> better understanding of path --> enhanced understanding of physio --> enhanced understanding of path. Summary: 1st Yr Med Student - read big Costanzo's and actually try to \*learn\* physiology. 2nd Yr Med Student - perfect review this book alongside relevant pathology coursework. I plan to also reference this book during my dedicated USMLE Step 1 study period.

SHORT REVIEW: PROS: - very concise and easy to understand - high yield stuff here people. High yield stuff. - goes into perfect amount of depth for board study - great for use as a reference tool to complement first aid ~ (hint: some first aid chapters do a sucky job on phys - take notes in your FA copy from BRS in these chapters) - just as great for use as review tool when studying for classes - one thing that is overlooked is the size - it's relatively small and very easy to tote around - organization is great ~ (both in terms of the actual way the material is presented and in terms of aesthetics - very visually pleasing) CONS: - if you're looking for a lot of depth and detailed mechanisms, not your book - could definitely use more figures. - the practice questions are mostly first order and do not reflect the difficulty of board questions ~ (but that's what UWorld or Kaplan Qbank is for) LONG REVIEW: I really like this book and use it a lot for studying, both for boards and for classes. I'm taking my step 1 (USMLE) in about 4 months, so as I do board study, I like to refer to BRS phys for topics that I need refreshing on. It's great as a quick reference for when you need a memory jog on certain phys subjects. For example, when you get a Qbank/Uworld question about the difference between a ventricular action potential and an SA nodal action potential and you like

"omg, I forgot everything I ever knew about how the heart works," you can pull this thing out and easily find this (pg 70-71 btw). I also find it very helpful for classes. I like to read through a new subject in BRS before we start that subject in class, or before I start studying for it. For example, we just started on the gastrointestinal system. We have a few hours of physiology, and before I started studying the power points and word docs for our lectures in class, I read through the relevant sections of the GI chapter. This really helps me understand the professors better when I listen to their lecture (especially bc for some reason, the majority of our phys profs have very thick Asian accents and if they say a word you aren't familiar with yet, it's very hard to understand them and then you get lost and end up having no idea what they're talking about and by the end of the lecture you feel like you've learned nothing). But if you have a backing of all the terminology, and a good generalized idea of all the neurotransmitters, hormones, nerves, vessels, etc. before hand, it makes it much easier. It's the same concept of reading ahead for class, but takes less time, makes more sense, and helps you familiarize yourself with board relevant, HIGH YIELD material. Then when it comes time for the test, it's the best way (in my opinion) to use for quick review and self quizzing, and again, takes much less time than reading through an unorganized power point that doesn't match up with the accompanied word or pdf document or whatever. IN SUMMARY - get this book. Best reference tool for physiology out there. If you buy it and find that you don't use it as much as you had in mind when you bought it, change your habits and fit it in. It's a must have in your med school arsenal

Used to to prep for tests on different systems in my physiology class for CRNA school. Was superb but it might be because we have physiology with the med students so not sure if it would be beneficial out side of a med school class. Great cliff notes though. High yield info. Good practice questions but very few are different from much older editions that others had.

In my opinion this is the best "quick reference" text for physiology out there (and that's coming from an anesthesiology resident). I found this text invaluable in medical school for several reasons. First off, the content is in depth when it needs to be and brief when you want it to be. The goal here isn't to learn the barely-testable minutiae, but to learn the foundations of physiology. I would say this book covers 95-99% of what is testable on the boards for physiology. To get the rest you would have to spend a far longer amount of time reading a FAR bigger book. I STILL find myself reaching for this text when I need to clarify a lesser-known concept I'm wrestling with. Second, this book is REALLY easy to read. It's in bullet point with decent-sized text and ~1 picture per page clarifying

some of the key concepts. It also has questions at the end of every chapter that really solidifies some of the core concepts and lesser-known facts. The questions also sprinkle in some simple pathology which is nice. I think this is a great reference book but it might be too detailed if you are just looking for high-yield facts (you know which book to go to for that).  
PROS:-Perfect amount of detail for a thorough understanding of physio-VERY easy to read and reference (bullet points, pictures)-Short questions to solidify understanding  
CONS:-Covers a little more than "high yield" material and less than a thorough text-No USMLE-style clinical vignettes (questions are short and straightforward)

The best book out for the quickest high yield physio review but still want all the important concepts for Step 1!

As expected, good text book.

Great review of physiology. The questions at the end of each chapter come in really handy for testing your knowledge of the material in each chapter so reviewing those specific graphs and charts is helpful. The book does a good job of testing high yield concepts in a logical progression.

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